



Tease Week 9th-11th March

Please see below our schedule for Tease Week.

Tuesday 9th March

6.00-8.00PM PANTERA Intermediate Workshop

Learn tricks from this world famous Pole Diva!

\$110

6.00-7.30PM Taste Teaser

Get a little taste of everything Pole Divas has to offer!

\$35

7.30-9.00PM Pole Mash

A mix of Pole Flex, Pole Moves and Pole Classique!

\$35

8.15-10.15PM PANTERA Advanced Workshop

Learn tricks from this world famous Pole Diva!

\$110

Wednesday 10th March

6.15-7.15PM PANTERA Open Pole Power

An hour of power with Pantera! Open to all levels

\$60

6.30-7.30PM Pole Flex

Flexibility class to help improve extensions and lines

\$25/\$20 for current Pole Divas Students

7.30-9.30PM Striptease/Lapdancing Workshop

Show off you inner diva with this sexy workshop

\$45/\$35 for current Pole Divas Students

7.30-9.30PM PANTERA Open Spin Class

Learn spin tricks with Pantera. Open to all levels

\$110

Thursday 11th March

6.00-7.00PM Advanced Pole Moves

Learn sensual moves and routines

\$30/\$25 for current Pole Divas students

6.00-7.00PM Introduction to Spin

The perfect introduction for anyone who wants to try the spinning poles.

\$30/\$25 for current Pole Divas students

7.00-8.00PM Polesations

Introduction to beginners pole casual class

\$30/\$25 for current Pole Divas students

7.00-8.00PM Pole Power Spin

Strengthening and conditioning class using spinning poles.

\$25/\$20 for current Pole Divas students

8.00-9.30PM Pole Power/Pole Flex Class

A combination class of Pole Power exercises and Pole Flex stretched

\$35

Make sure to contact reception to book your spot!



Charity Girls Night Out for the Lost Dogs Home!

Thursday 11th March 8-9.30pm



Pole Divas will donate \$10 from every ticket purchased PLUS all proceeds from raffles held on the night. 10% of ALL merchandise sales made on the night will also be donated. Book in and help save a dog today!