



# POLE & AERIAL DIVAS



Pole & Aerial Divas Caroline Springs  
23/39 Eucumbene Drive Ravenhall  
8390 6699

## TERM 4 TIMETABLE Mon 2nd Sept - Sun 27th Oct

### STUDIO A

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
9:30 AM		<b>BEG STATIC</b> 8 Week Course Kristy				9 AM	<b>CORE COND.</b> Casual Class Kristy	
10:30 AM		<b>INTER STATIC</b> 8 Week Course Kristy			<b>BEG STATIC</b> 8 Week Course Nik	10 AM	<b>BEG STATIC</b> 8 Week Course Kristy	
11:30 AM					<b>FLY GYM</b> Casual Class Nik	11 AM	<b>INTER STATIC</b> 8 Week Course Kristy	
3 PM						12 PM	<b>ADV SPIN</b> 8 Week Course Kristy	
5:30 PM	<b>INTER STATIC</b> 8 Week Course Dee Dee/Filly	<b>DANCE COND.</b> Casual Class Nik		<b>POLE COND.</b> Casual Class Kristy		1 PM	<b>INVERSION THERAPY</b> 8 Week Course Kristy	
6:30 PM	<b>POLE MOVES</b> Casual Class Dee Dee/Filly	<b>BEG SPIN</b> 8 Week Course Nik	<b>INTER SPIN</b> 8 Week Course Mich	<b>INTER STATIC</b> 8 Week Course Kristy				
7:30 PM	<b>BEG STATIC</b> 8 Week Course Dee Dee/Filly	<b>BEG STATIC</b> 8 Week Course Alicia	<b>BEG SPIN</b> 8 Week Course Mich	<b>ELITE/ADV 3 SPIN</b> 8 Week Course Kristy				
8:30 PM	<b>FLY GYM</b> Casual Class Kristy	<b>INTER SPIN</b> 8 Week Course Alicia	<b>FLY GYM</b> Casual Class Mich	<b>BEG STATIC</b> 8 Week Course Kristy				

### STUDIO B

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
9:30 AM		<b>PRACTICE TIME</b>				9 AM		
10:30 AM		9:30am - 10:30am			<b>PRACTICE TIME</b>	10 AM		
11:30 AM						11 AM		<b>PRACTICE TIME</b> 11-12 pm
3:30 PM	<b>PRACTICE TIME</b> 3:30-5:30pm	<b>PRACTICE TIME</b>	<b>PRACTICE TIME</b>	<b>PRACTICE TIME</b>		12 PM	<b>PRACTICE TIME</b> 10 am - 2 pm	Studio Hire and Private tuitions available
5:30 PM	<b>OPEN PRIVATE</b> Casual Class Kristy	3:30pm - 6:30pm	3:30pm - 6:30pm	3:30pm - 6:30pm		1 PM		
6:30 PM	<b>ADV STATIC</b> 8 week course Kristy	<b>ELITE STATIC</b> 8 Week Course Kristy	<b>INTER STATIC</b> 8 Week Course Alicia	<b>ADV SPIN</b> 8 Week Course Mich		2 PM		
7:30 PM	<b>ADV 2 STATIC</b> 8 week course Kristy	<b>ADV 3 STATIC</b> 8 Week Course Kristy	<b>POLE MOVES</b> Casual Class Alicia	<b>ADV 2 SPIN</b> 8 Week Course Mich				
8:30 PM	<b>INTER STATIC</b> 8 Week Course Dee Dee/ Filly		<b>PRACTICE TIME</b>	<b>PRACTICE TIME</b>				

For all online bookings visit: [bit.ly/csMBapp](http://bit.ly/csMBapp)



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## TERM 4 TIMETABLE Mon 2nd Sep - Sun 27th Oct 2019

### STUDIO C

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 AM		<b>PRACTICE TIME</b> 9:30-10:30am			<b>PRACTICE TIME</b>		
10:30 AM					10 AM	<b>BEG LYRA</b> 8 Week Course Amelia	
11:30 AM					11 AM	<b>INTER LYRA</b> 8 Week Course Amelia	<b>AERIAL COND.</b> Casual Class Risako
3:30 PM		<b>PRACTICE TIME</b> 3:30pm - 5:30pm	<b>PRACTICE TIME</b> 3:30pm - 5:30pm	<b>PRACTICE TIME</b> 3:30pm - 6:30pm	12 PM	<b>ADV PREP LYRA</b> 8 Week Course Amelia	<b>STRETCH TECH</b> Casual Class Risako
5:30 PM	<b>PRACTICE TIME</b> 3:30pm - 7:30pm	<b>LYRA BASICS</b> Casual Class Kristy	<b>OPEN PRIVATE</b> Casual Class Risako		1 PM	<b>PRACTICE TIME</b> 1-2pm	
6:30 PM		<b>ADV PREP LYRA</b> 8 Week Course Risako	<b>ADV 1 LYRA</b> 8 Week Course Risako	<b>INTER LYRA</b> 8 Week Course Risako			
7:30 PM		<b>BEG LYRA</b> 8 Week Course Risako	<b>INTER LYRA</b> 8 Week Course Risako	<b>BEG LYRA</b> 8 Week Course Risako			
8:30 PM		<b>INTER LYRA</b> 8 Week Course Risako	<b>ADV PREP LYRA</b> 8 Week Course Risako	<b>STRETCH TECH</b> Casual Class Risako			

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#### UPCOMING WORKSHOPS

Fly Gym Straddle Sessions  
Saturday 10 August - 3 pm  
Beginner Static Intensives - Alicia  
Saturday 17 August - 2 pm  
Stretching for Bendy Pole Moves with Felix Cane

#### UPCOMING WORKSHOPS

Ballet Fundamentals with Mich  
Sunday 18 August - 11 am  
Veronica Waite Signature Pole Workshop  
Saturday 31 August - 2 pm  
Contortion with Veronica Waite

## PRICING

#### MEMBERSHIPS

- 1 Class Per Week - 10% off merch  
\$30 per week, \$60 fortnightly payments, \$30 cost per class  
\$60-\$120 upfront payment
- 2 Class Per Week - 10% off merch & Unlimited Practice Time  
\$55 per week, \$110 fortnightly payments, \$27.50 cost per class  
\$110-\$240 upfront payment
- 3 Class Per Week - 10% off merch & Unlimited Practice Time  
\$75 per week, \$150 fortnightly payments, \$25 cost per class  
\$150-\$300 upfront payment
- 4 Class Per Week - 10% off merch & Unlimited Practice Time  
\$90 per week, \$180 fortnightly payments, \$22.50 cost per class, \$180-\$360 upfront payment
- 5 Class Per Week - 10% off merch & Unlimited Practice Time  
\$112.50 per week, \$225 fortnightly payments, \$22.50 cost per class,  
\$225-\$500 upfront payment

#### MEMBERS ADD-ON CLASS PASSES

- Unlimited Practice Time - \$80
- 8 Class Pass - \$200
- 4 Class Pass - \$120

Speak with your Desk Divas about signing up to become one of our exclusive Members. Visit [bit.ly/divasmemberships](http://bit.ly/divasmemberships) for more

#### INTRO OFFER

Try 5 classes for \$50 (valid 14 days from date of first class)

#### UPFRONT PAYMENT OPTIONS

- 1 Class - \$35 (valid 30 days from purchase)
- 8 Class Pass - \$250 (valid 2 months from date of first class)
- 16 Class Pass - \$460 (valid 4 months from date of first class)

#### WORKSHOPS

- Standard - \$50
- Our Instructors Signature - \$55
- Guest Instructor - \$50-\$90

#### PRIVATE TUITION

- 1 hour - \$120
  - 3 pack - \$300 (\$120 upfront to studio, \$60 direct to instructor)
- Privates can be shared up to 3 people  
Extra people \$35 per student

#### PRACTICE TIME

\$15 per session



Available min \$50 spend  
All classes subject to change

## Booking made simple.

