

TERM 1 TIMETABLE

Monday 14th January - Sunday 10th March 2019

STUDIO A

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY
9:30 AM		BEGINNER STATIC 8 Week Course Dee Dee					
10:30 AM		INTERMEDIATE STATIC 8 Week Course Kristy				10 AM	BEGINNER STATIC 8 Week Course Kristy
11:30 AM		INTERMEDIATE SPIN 8 Week Course Kristy				11 AM	INTERMEDIATE STATIC 8 Week Course Kristy
3:30 PM	PRACTICE TIME		PRACTICE TIME			12 PM	ADVANCED STATIC 8 week course Kristy
5:30 PM	BEGINNER STATIC 8 Week Course Dee Dee	INTERMEDIATE STATIC 8 Week Course Dee Dee		POLE CONDITIONING Casual Class Kristy		1 PM	INTERMEDIATE SPIN 8 Week Course Kristy
6:30 PM	POLE MOVES Casual Class Dee Dee	BEGINNER SPIN 8 Week Course Dee Dee	INTERMEDIATE STATIC 8 Week Course Mich	ADVANCED 3 SPIN 8 Week Course Kristy		2 PM	OPEN PRIVATE Casual Class Kristy
7:30 PM	BEGINNER STATIC 8 Week Course Dee Dee	BEGINNER STATIC 8 Week Course Dee Dee	BEGINNER SPIN 8 Week Course Mich	INTERMEDIATE STATIC 8 Week Course Kristy			
8:30 PM	FLY GYM Casual Class Kristy	EXOTICA 4 wk Course START 15.01.19 SEXY FLOOR FLOW 4 Wk Course START 11.02.19 Dee Dee	ADVANCED 2 SPIN 8 Week Course Mich	BEGINNER STATIC 8 Week Course Kristy			

STUDIO B

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY
9:30 AM		PRACTICE TIME must arrive at 9:30 am					PRACTICE TIME until 12:30pm
10:30 AM							
11:30 AM							
3:30 PM				PRACTICE TIME			
5:30 PM	CORE CONDITIONING Casual Class Kristy	OPEN PRIVATE Casual Class Kristy					
6:30 PM	ADVANCED STATIC 8 week course Kristy	INVERSION THERAPY 2 x 4 Week Course START 15.01.19 and 11.02.19 Kristy	POLE MOVES Casual Class Frances	INTERMEDIATE SPIN 8 Week Course Mich			
7:30 PM	ADVANCED 3 STATIC 8 week course Kristy	ADVANCED 2 STATIC 8 Week Course Kristy	BEGINNER STATIC 8 Week Course Frances	ADVANCED SPIN 8 Week Course Mich			
8:30 PM	INTERMEDIATE STATIC 8 Week Course Dee Dee	ELITE STATIC 8 Week Course Kristy		FLEX & FLOW Casual Class Mich			



POLE & AERIAL DIVAS



zipPay[™]

AVAILABLE MIN \$50 SPEND

** Concession rate applies for students, weekday morning classes as marked**

(Must show student ID). All classes subject to change.

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STUDIO C

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 AM						
10:30 AM					10 AM	LYRA BASICS Casual Class TBC
11:30 AM					11 AM	BEGINNER LYRA 8 Week Course TBC
3:30 PM	PRACTICE TIME 3:30pm - 7:30pm	PRACTICE TIME 3:30pm - 7:30pm	PRACTICE TIME 3:30pm - 7:30pm		12 PM	STRETCH TECHNIQUE Casual Class TBC
5:30 PM				1 PM	PRACTICE TIME 1:00pm 2:00pm	
6:30 PM				STRETCH TECHNIQUE Casual Class TBC		
7:30 PM		BEGINNER LYRA 8 Week Course TBC	AERIAL CONDITIONING Casual Class TBC	BEGINNER LYRA 8 Week Course TBC		
8:30 PM		LYRA BASICS Casual Class TBC	BEGINNER LYRA 8 Week Course TBC			

COURSES

8-week course	\$230
Additional 8-week course	\$180 (within the same term)
12-month membership	\$57.50/fortnight (see reception for details)
4-week course	\$115
Student discount course price	\$190

PACKAGES *MOST POPULAR*

Pole OR Lyra Goals Package \$450 = 2x Courses + Unlimited Practice Time
Complete Package \$420 - 1x Course + 1x Casual Class + Unlimited Practice Time
Competition Coaching Package \$450 - speak with your Desk Divas for further info

CASUAL CLASSES

Introductory offer (new students only)	\$50 for 5 casual classes (valid for 14 Days starting from first visit)
1 Casual Class	\$30
5X Casual Class Pass	\$125 *SAVE \$25* (valid for 3 months)
10x Class Pass	\$220 *SAVE \$80* (valid for 4 months)
20x Class Pass	\$400 *SAVE \$200* (valid for 6 months)

WORKSHOPS

All members	\$45
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PRACTICE TIME

Course Member	\$10 or \$80 for full term
Non-Course Member Price	\$20

WORKSHOPS

TBA
TBA



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