

TERM 2 TIMETABLE

Monday 11th March - Sunday 12th May 2019

STUDIO 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM	MORNING MADNESS 2x3 week courses 11/03 & 15/04 Stace		MORNING MADNESS 2x3 week courses 11/03 & 15/04 Stace		MORNING MADNESS 2x3 week courses 11/03 & 15/04 Stace	
9:00 AM						INTERMEDIATE STATIC 8 Week Course Mischka
10:00 AM					**BEGINNER STATIC 8 Week Course Mischka	BEGINNER STATIC 8 Week Course Mischka
11:00 AM					**BEGINNER SPIN 8 Week Course Mischka	VARIOUS WORKSHOPS SEE BELOW
12:00 PM					STRETCH TECHNIQUE Casual Class Mischka	
3:30 PM	PRACTICE TIME 3:30 - 5:30PM	PRACTICE TIME 3:30 - 5:30PM	PRACTICE TIME 3:30 - 5:30PM	PRACTICE TIME 3:30 - 5:30PM	PRACTICE TIME 1 - 6PM	1PM-3PM COMMERCIAL DANCE PARTY 2 HRS PER WK OVER 4 WEEKS 06/04 Tania
5:30 PM	STRETCH TECH Casual Class Mischka	BEGINNER SPIN 8 Week Course Lorien	BEGINNER STATIC 8 Week Course Filly	FLEX & FLOW Casual Class Filly		
6:30 PM	ADVANCED STATIC 8 Week Course Mischka	ELITE STATIC 8 Week Course Filly	ADVANCED 2 SPIN 8 Week Course Filly	ADVANCED 3 SPIN 8 Week Course Filly		
7:30 PM	ADVANCED 2 STATIC 8 Week Course Mischka	ADVANCED 3 STATIC 8 Week Course Filly	BEGINNER SPIN 8 Week Course Pip	ADVANCED 1 SPIN 8 Week Course Filly		
8:30 PM	BEGINNER SPIN 8 Week Course Stace	RUSSIAN FLOW 8 week course Mischka	ELITE SPIN 8 Week Course Filly	EXOTICA 8 Week Course Filly		

STUDIO 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 AM						ADVANCED STATIC 8 Week Course Stace
10:00 AM						INTERMEDIATE SPIN 8 Week Course Stace
11:00 AM						DANCE CONDITIONING Casual Class Various
12:00 PM						POLE MOVES Casual Class Various
5:30 PM	INTERMEDIATE STATIC 8 Week Course Stace	ADVANCED 2 STATIC 8 Week Course Mischka	ADVANCED STATIC 8 Week Course Pip	STRIP TEASE 14/03 INVERSION THERAPY 11/04 4 wk Course Stace		
6:30 PM	POLE CONDITIONING Casual Class Stace	POLE MOVES Casual Class Lorien	INTERMEDIATE STATIC 8 Week Course Pip	CORE CONDITIONING Casual Class Stace		
7:30 PM	BEGINNER STATIC 8 Week Course Stace	STRETCH TECHNIQUE Casual Class Lorien	ELITE STATIC 8 Week Course Filly	BEGINNER STATIC 8 Week Course Stace		
8:30 PM	INTERMEDIATE SPIN 8 Week Course Mischka	BEGINNER STATIC 8 Week Course Lorien	RUSSIAN FLOW 8 week course Mischka	BEGINNER SPIN 8 Week Course Stace		



AVAILABLE MIN \$50 SPEND

** Concession rate applies for students,
weekday morning classes as marked**

(Must show student ID). All classes subject to change.



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TERM 2 TIMETABLE

Monday 11th March - Sunday 12th May 2019

STUDIO 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 PM	BEGINNER STATIC 8 Week Course Molly	ADVANCED 2 SPIN 8 Week Course Filly	ADVANCED 3 STATIC 8 Week Course Mischka			PRACTICE TIME 9AM - 11AM
6:30 PM	BEGINNER STATIC 8 Week Course Molly	INTERMEDIATE SPIN 8 Week Course Mischka	ADVANCED 1 SPIN 8 Week Course Mischka			
7:30 PM	INTERMEDIATE SPIN 8 Week Course Filly	INTERMEDIATE STATIC 8 Week Course Mischka	INVERSION THERAPY 13/03/ POLE ACRO 10/04 4 wk Course Mischka	PRACTICE TIME 7:30 - 8:30PM		
8:30 PM	INTERMEDIATE STATIC 8 Week Course Filly	ADVANCED POLE CONDITIONING Casual Class Filly	INTERMEDIATE SPIN 8 Week Course Pip	PRACTICE TIME 8:30 - 9:30PM		

COURSES

8-week course	\$240
Additional 8-week course	\$190 (within the same term)
12-month membership	\$60/fortnight (see reception for details)
4-week course	\$120
Student discount course price **	\$200
Morning Madness (3 week course)	\$200

PACKAGES *MOST POPULAR*

Pole Goals Package	\$450 - 2x Courses + Unlimited Practice Time
Complete Package	\$420 - 1x Course + 1x Casual class + Unlimited Practice Time
Competition Coaching Package	\$450 - speak with your Desk Divas for further info

CASUAL CLASSES

Introductory offer (<i>new students only</i>)	\$50 for 5 casual classes (valid for 28 Days starting from first visit)
1x Casual Class	\$30
5 Class Pass (<i>3 month exp</i>)	\$125 (save \$25)
10 Class Pass (<i>4 month exp</i>)	\$220 (save \$80)
20 Class Pass (<i>6 month exp</i>)	\$400 (save \$200)

PRACTICE TIME

Course Member	\$10 or \$80 for full term
Non-Course Member Price	\$20

PRIVATE LESSONS (1 hr)

Single lesson (1-3 ppl)	\$120 (\$140 with Miss Filly)
3 pack (1-3ppl)	\$300 (\$360 with Miss Filly)
Group private (4-9ppl)	\$35 pp (\$40pp with Miss Filly)

STUDIO FUNCTIONS

1.5 hours (min 10 ppl)	\$35 per person
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STUDIO HIRE

1 hour	\$60
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WORKSHOPS

<p>\$45 Studio Workshop \$50 Signature Workshop \$VARIOUS Guest Workshop</p> <p>GUEST INSTRUCTOR: KYLIE JS ROLLER POLE Friday 15th 6PM + 16th March 11am \$55</p> <p>EXOTICA WITH MISS FILLY Saturday 23rd of March 11am-12:30pm</p> <p>*NEW* IT'S BRITNEY B*TCH WITH TANIA Saturday 30th of March 11am-12:30pm</p> <p>GUEST INSTRUCTOR Saturday 6th April 11am-12:30pm</p> <p>MISCHKA'S SIGNATURE TRICKS Saturday 13th April 11am-12:30pm</p> <p>*NEW* MISCHKA'S FREE FLOW Saturday 27th April 11am-12:30pm</p> <p>MISS FILLY'S DANCE POP Saturday 4th May 11am-12:30pm</p> <p>MISCHKA'S RUSSIAN FLOW Saturday 11th May 11am-12:30pm</p>



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