



POLE & AERIAL DIVAS



Pole & Aerial Divas Richmond
2/252 Church St, Richmond 3121
Phone: 03 94215951

TERM 5 TIMETABLE Mon 2nd Sep - Sun 27th Oct 2019

POLE STUDIO

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | | SATURDAY | SUNDAY |
|----------|--|---|---------------------------------------|--|-------|---|---|
| 10:30 AM | PRACTICE TIME 10.30pm - 12.30PM | ADV 2 STATIC 8 Week Course Lou | BEG SPIN 8 Week Course Lou | | 10 AM | POLE MOVES -SPIN Casual Class Angelique | ADV 1 STATIC 8 Week Course Anna |
| 11:30 AM | | ADV 3 STATIC 8 Week Course Lou | INTER SPIN 8 Week Course Lou | | 11 AM | BEG SPIN 8 Week Course Angelique | POLE COND. Casual Class Anna |
| 12:30 PM | | ADV 1 SPIN 8 Week Course Lou | INTER STATIC 8 Week Course Lou | | 12 PM | RUSSIAN FLOW 8 Week Course Angelique | INTER SPIN 8 Week Course Anna |
| 4PM | PRACTICE TIME 4pm - 5.30pm | PRACTICE TIME 4pm - 5.30pm | PRACTICE TIME 4pm - 5.30pm | PRACTICE TIME 4pm - 5.30pm | 1PM | PRACTICE TIME 1pm - 2pm | BEG STATIC 8 Week Course Bek |
| 5:30 PM | 4 WEEK COURSE with Caz 30/9 Intro to Floorwork | BEG STATIC 8 Week Course Caz | BEG SPIN 8 Week Course Lou | INTER STATIC 8 Week Course Candy | 2 PM | PRACTICE TIME 2pm - 3pm (Dates vary, Check App) | PRACTICE TIME 2pm - 3pm (Dates vary check App) |
| 6:30 PM | POLE MOVES - STATIC Casual Class - Caz | ADV 3 STATIC 8 Week Course Gracie | INTER SPIN 8 Week Course Lou | BEG STATIC 8 Week Course Cherie | 3 PM | | PRACTICE TIME 3pm - 4pm (Dates vary, check app) |
| 7:30 PM | ADV 1 STATIC 8 Week Course Caz | ELITE 8 Week Course Gracie | ADV SPIN 8 Week Course Lou | 4 WEEK COURSES with Gracie 5/9 Sexy Floor Flow 3/10 Exotica | | | |
| 8:30 PM | BEG SPIN 8 Week Course Candy | ADV 2 SPIN 8 Week Course Gracie | INTER STATIC 8 Week Course Anna | ADV 2 STATIC 8 Week Course Gracie | | | |

AERIAL STUDIO

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | | SATURDAY | SUNDAY |
|----------|--|---|--|---|---------|---------------------------------------|--|
| 10:30 AM | PRACTICE TIME 10.30pm - 12.30PM | ADV PREP LYRA 8 Week Course Shannon | STRETCH TECH Casual Class Mel | | 10 AM | BEG LYRA 8 Week Course Mel | LYRA BASICS Casual Class Raelene |
| 11:30 AM | | INTER LYRA 8 Week Course Shannon | INTER LYRA 8 Week Course Mel | | 11 AM | FLY GYM Casual Class Mel | INTER LYRA 8 Week Course Raelene |
| 12:30 PM | | 1pm BEG SILKS 8 Week Course Shannon | | | 12 PM | ADV 1 LYRA 8 Week Course Mel | STRETCH TECH Casual Class Raelene |
| 1:30 PM | | 2pm Level 2 SILKS 8 Week Course Shannon | | | 1PM | ADV PREP LYRA 8 Week Course Mel | 1:30pm BEG SILKS 8 Week Course Shannon |
| 4PM | PRACTICE TIME 4pm - 5.30pm | PRACTICE TIME 4pm - 5.30pm | PRACTICE TIME 4pm - 5.30pm | PRACTICE TIME 4pm - 5.30pm | 2 PM | PRACTICE TIME 2pm - 3pm | 2:30pm LEVEL 2 SILKS 8 Week Course Shannon |
| 5:30 PM | BEG LYRA 8 Week Course Shannon | INTER LYRA 8 Week Course Raelene | CONTORTION 8 Week Course Veronica | FLY GYM Casual Class Nichola | 3:30 PM | | 3:30pm SILKS BASICS Casual Class Shannon |
| 6:30 PM | INTER LYRA 8 Week Course Shannon | STRETCH TECH Casual Class Raelene | INTER LYRA 8 Week Course Veronica | BEG LYRA 8 Week Course Nichola | | | |
| 7:30 PM | ADV 2 LYRA 8 Week Course Shannon | BEG LYRA 8 Week Course Raelene | AERIAL COND. Casual Class Veronica | ADV PREP LYRA 8 Week Course Nichola | | | |
| 8:30 PM | ADV 3 LYRA 8 Week Course Shannon | ADV PREP LYRA 8 Week Course Raelene | ADV 1 LYRA 8 Week Course Veronica | INTER LYRA 8 Week Course Nichola | | | |



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TERM 4 TIMETABLE Mon 8th July - Sun 1st Sept 2019

UPCOMING TERM 5 WORKSHOPS

Caroline's Fierce Floor Work

Sat 7th Sept 2.00pm

This is Caz's favourite workshop to teach as she has a vibrant passion for dynamic and exciting floorwork. She will explain how to execute these moves safely and engage the right parts of your body along with teaching some of her signature moves.

Gracie's Signature Exotica Pole & Dance

Sat 28th Sept 2.00pm

In this workshop you'll learn a choreographed routine incorporating elements of floor, base work and pole tricks in Gracie's signature style.

UPCOMING GUEST WORKSHOPS

Flowography with Carlie Hunter

Fri 13th Sept 7.00pm

This workshop is all about getting in touch with your pole flow with a focus on adding a dance quality to your movement and tricks. Workshop is on spin & students must be comfortable inverting.

Exotic Flow with Amy Sang

Sun 22nd Sept 2.30pm

This workshop is an explosion of sex and sass! Miss Sang is all about performance and will teach you musicality at it's finest while giving you moments to play and express your inner sass. She wants you to feel empowered so be sure to bring heels, knee pads & a towel - it's gonna get hot and steamy!

PRICING

MEMBERSHIPS

1 Class Per Week - 10% off merch

\$30 per week, \$60 fortnightly payments, \$30 cost per class
\$60-\$120 upfront payment

2 Class Per Week - 10% off merch & Unlimited Practice Time

\$55 per week, \$110 fortnightly payments, \$27.50 cost per class
\$110-\$240 upfront payment

3 Class Per Week - 10% off merch & Unlimited Practice Time

\$75 per week, \$150 fortnightly payments, \$25 cost per class
\$150-\$300 upfront payment

4 Class Per Week - 10% off merch & Unlimited Practice Time

\$90 per week, \$180 fortnightly payments, \$22.50 cost per class,
\$180-\$360 upfront payment

5 Class Per Week - 10% off merch & Unlimited Practice Time

\$112.50 per week, \$225 fortnightly payments, \$22.50 cost per class,
\$225-\$500 upfront payment

MEMBERS ADD-ON CLASS PASSES

Unlimited Practice Time - \$80

8 Class Pass - \$200

4 Class Pass - \$120

Speak with your Desk Divas about signing up to become one of our exclusive Members. Visit bit.ly/divasmemberships for more information.

For all UPCOMING WORKSHOPS visit bit.ly/upcomingWS (case sensitive). Book online now!

INTRO OFFER

Try 5 classes for \$50 (valid 14 days from date of first class)

UPFRONT PAYMENT OPTIONS

1 Class - \$35 (valid 30 days from purchase)

8 Class Pass - \$250 (valid 2 months from date of first class)

16 Class Pass - \$460 (valid 4 months from date of first class)

WORKSHOPS

Standard - \$50

Our Instructors Signature - \$55

Guest Instructor - \$50-\$90

PRIVATE TUITION

1 hour - \$120

3 pack - \$300 (\$120 upfront to studio, \$60 direct to instructor)

Privates can be shared up to 3 people

Extra people \$35 per student

PRACTICE TIME

\$15 per session

STUDIO HIRE

\$60



Available min \$50 spend
**concession rate applies for students
All classes subject to change



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