

TERM 6 TIMETABLE

Monday 22nd October - Sunday 16th December 2018

POLE STUDIO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
10.30 AM	**BEGINNER STATIC** 8 Week Course Cherie	**ADVANCED 2 STATIC** 8 Week Course Lou	**BEGINNER SPIN 8 Week Course Lou			10AM	POLE MOVES -SPIN Casual Class Anna	BEGINNER STATIC 8 Week Course Caz
11.30 AM	PRACTICE TIME	4 WEEK COURSES 23rd Oct BOOTAY 20th Nov POLEMOVES Lou	**INTER SPIN 8 Week Course Lou			11AM	INTER SPIN 8 Week Course Anna	POLE CONDITIONING Casual Class Caz
						12PM	BEGINNER SPIN 8 Week Course Angelique	INTERMEDIATE STATIC 8 Week Course Caz
4PM	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME		1PM	DANCE CONDITIONING Casual Class Angelique	1PM to 2PM PRACTICE TIME
5:30 PM	BEGINNER STATIC 8 Week Course Hollie	ADVANCED 3 SPIN 8 Week Course Gracie	BEGINNER SPIN 8 Week Course Lou	INTERMEDIATE STATIC 8 Week Course Lou		2PM	DANCE TECH 8 Week Course Angelique	2PM to 3pm PRACTICE TIME
6:30 PM	POLE MOVES - STATIC Casual Class Hollie	RUSSIAN FLOW 8 Week Course Gracie	INTERMEDIATE SPIN 8 Week Course Lou	BEGINNER STATIC 8 Week Course Cherie	RUSSIAN FLOW-ADV Angelique			
7:30 PM	INTERMEDIATE STATIC 8 Week Course Hollie	ADVANCED 1 STATIC 8 Week Course Gracie	ADVANCED SPIN 8 Week Course Lou	EXOTIC CHAIR 8 Week Course Gracie	4 Week 2 hours Starts 9th Nov			
8.30 PM	BEGINNER SPIN 8 Week Course Anna	ADVANCED 2 SPIN 8 Week Course Gracie	ADVANCED 3 STATIC 8 Week Course Lou	ADVANCED 2 STATIC 8 Week Course Gracie				

AERIAL STUDIO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY	SUNDAY
10.30 AM	10am -12.30pm PRACTICE TIME	**BEGINNER LYRA 8 Week Course Shannon	**INTERMEDIATE LYRA 8 Week Course Mel			10AM	BEGINNER LYRA 8 Week Course Mel	LYRA BASICS Casual Class Raelene
11.30 AM	10am -12.30pm PRACTICE TIME	**INTERMEDIATE LYRA 8 Week Course Shannon	STRETCH TECH Casual Class Mel			11AM	FLY GYM Casual Class Mel	INTERMEDIATE LYRA 8 Week Course Raelene
						12PM	ADVANCED 1 LYRA 8 Week Course Mel	STRETCH TECH Casual Class Raelene
4PM	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME		1PM	ADVANCED PREP LYRA 8 Week Course Mel	1PM to 3PM PRACTICE TIME
5:30 PM	BEGINNER LYRA 8 Week Course Shannon	INTERMEDIATE LYRA 8 Week Course Raelene	CONTORTION 8 Week Course Veronica	FLY GYM Casual Class Hanne		2PM	2PM to 3PM PRACTICE TIME	
6:30 PM	INTERMEDIATE LYRA 8 Week Course Shannon	FLY GYM Casual Class Raelene	ADVANCED PREP LYRA 8 Week Course Veronica	INTERMEDIATE LYRA 8 Week Course Hanne				
7:30 PM	ADVANCED 2 LYRA 8 Week Course Shannon	BEGINNER LYRA 8 Week Course Raelene	AERIAL CONDITIONING Casual Class Veronica	BEGINNER LYRA 8 Week Course Hanne				
8.30 PM	ADVANCED 3 LYRA 8 Week Course Shannon	ADVANCED PREP LYRA 8 Week Course Raelene	ADVANCED 1 LYRA 8 Week Course Veronica	INTERMEDIATE LYRA 8 Week Course Hanne				



POLE & AERIAL DIVAS



zipPay™

AVAILABLE MIN \$50 SPEND

** Concession rate applies for students, weekday morning classes as marked**

(Must show student ID). All classes subject to change.

TERM 6 TIMETABLE

Monday 22nd October - Sunday 16th December 2018

COURSES	
8-week course	\$240
Additional 8-week course	\$190 (within the same term)
12-month membership	\$60/fortnight (see reception for details)
4-week course	\$120
Student discount course price	\$200
PACKAGES *MOST POPULAR*	
Poles/Lyra Goals Package - 2x Courses + Unlimited Practice Time	\$450
The Complete Package - 1 Course + 8 Casual Classes + Unlimited Practice Time	\$420
CASUAL CLASSES	
Introductory offer (new students only)	\$50 for 5 casual classes (valid for 14 Days starting from first visit)
1 Casual Class	\$30
5x Class Pass Price (3 month expiry)	\$125 (save \$25)
10x Class Pass Price (4 month expiry)	\$220 (save \$80)
20x Class Pass Price (6 month expiry)	\$400 (save \$200)
WORKSHOPS	
All members	\$45/\$50
PRACTICE TIME	
Course Member	\$10 or \$80 for full term
Non-Course Member Price	\$20

WORKSHOPS

<p>TRENDING TRICKS with SHANNON 1.5 hours - \$45</p>	<p>Sun 26th August 12pm & 1.30pm</p>	<p>"Trending Tricks" workshop Want to learn new trending tricks you see on socials? This tricks based workshop has more to offer to any Insta follower with new challenges outside of our current course levels. Covering popular tricks on the Lyra scene at the moment including drops, transitions, moves above the hoop and those using the rope. Suitable for Inter 2 and above.</p>
<p>BURLESQUE with VELMA VOULOIR 1.5 hours - \$50</p>	<p>Sun 9th September 3pm</p>	<p>. Seduction, allure, playfulness and fierce femininity are some of the key components of Burlesque; a performance art that celebrates bodies of all shapes & ages. Join the current Miss Burlesque Victoria & Miss Classic Burlesque Australia 2018 for this introduction to the art of the tease. Using props, you will learn a sultry burlesque routine as you develop your understanding of body awareness, gaze, gesture, control and how to make your audience scream for MORE! Velma has designed this workshop specifically for Pole & Aerial Divas students who want to develop their performance skills and add wow factor to their routines. Suitable for ALL levels!</p>
<p>S.L.A.P and FLOORWORK with CHILLI ROX</p>	<p>Sun 23rd September 1pm</p>	<p>S.L.A.P - In this workshop, Chilli will cover the basics of lap dancing and strip tease, starting from the floor and working all the way up. Floor moves, body rolls and seductive dance steps are covered, along with the art of strip tease and chair work. This workshop is suitable for all levels! FLOORWORK - Learn a hot routine of entirely Floor work! Including a few easy acro tricks suitable for all levels.</p>

<p>CONTACT US</p>	<p>Level 2, 252 Church Street, Richmond, VIC 3121 Phone: 03 9421 5951 Email: richmond@poledivas.com.au Opening Hours Mon-Tues-Wed: 10am-9.30pm Thurs: 1.30pm-9.30pm Fri: CLOSED Sat: 9.30am-2pm (Later for Functions/Workshops/Private) Sun: 9:30am-12:30pm</p>
--------------------------	---



zipPay™

AVAILABLE MIN \$50 SPEND

** Concession rate applies for students, weekday morning classes as marked**

(Must show student ID). All classes subject to change.