

# TERM 2 TIMETABLE

Monday 11th March - Sunday 112th May 2019

## POLE STUDIO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY		SATURDAY	SUNDAY
10.30 AM	PRACTICE TIME 10:30am - 12:30pm	<b>**ADVANCED 2 STATIC</b> 8 Week Course Lou	<b>**BEGINNER SPIN</b> 8 Week Course Lou		10 AM	<b>POLE MOVES - SPIN</b> Casual Class Angelique	<b>BEGINNER STATIC</b> 8 Week Course Anna
11.30 AM		<b>**ADVANCED SPIN</b> 8 Week Course** Lou	<b>**INTER SPIN</b> 8 Week Course Lou		11 AM	<b>BEGINNER SPIN</b> 8 Week Course Angelique	<b>POLE CONDITIONING</b> Casual Class Anna
						12 PM	<b>RUSSIAN FLOW</b> 8 Week Course Angelique
4PM	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	1 PM	PRACTICE TIME 1pm - 3pm	PRACTICE TIME 1pm - 3pm
5:30 PM	<b>BEGINNER STATIC</b> 8 Week Course Caz	<b>ADVANCED 3 SPIN</b> 8 Week Course Gracie	<b>BEGINNER SPIN</b> 8 Week Course Lou	<b>INTERMEDIATE STATIC</b> 8 Week Course Lou	2 PM	PRACTICE TIME 1pm - 3pm	PRACTICE TIME 1pm - 3pm
6:30 PM	<b>POLE MOVES - STATIC</b> Casual Class Caz	<b>ADVANCED 3 STATIC</b> 8 Week Course Gracie	<b>INTERMEDIATE SPIN</b> 8 Week Course Lou	<b>BEGINNER STATIC</b> 8 Week Course Cherie			
7:30 PM	<b>ADVANCED 1 STATIC</b> 8 Week Course Caz	<b>ELITE</b> 8 Week Course Gracie	<b>ADVANCED SPIN</b> 8 Week Course Lou	<b>4 WEEK COURSES</b> 14/3 Britney Bitch 4/4 Sexy Floor Flow w Gracie			
8.30 PM	<b>BEGINNER SPIN</b> 8 Week Course Anna	<b>ADVANCED 2 SPIN</b> 8 Week Course Gracie	<b>INTERMEDIATE STATIC</b> 8 Week Course Lou	<b>ADVANCED 2 STATIC</b> 8 Week Course Gracie			

## AERIAL STUDIO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY		SATURDAY	SUNDAY
10.30 AM	PRACTICE TIME 10:30am - 12:30pm	<b>**ADVANCED PREP LYRA</b> 8 Week Course Shannon	<b>STRETCH TECH</b> Casual Class Mel		10 AM	<b>BEGINNER LYRA</b> 8 Week Course Mel	<b>LYRA BASICS</b> Casual Class Raelene
11.30 AM		<b>**INTERMEDIATE LYRA</b> 8 Week Course Shannon	<b>BEGINNER LYRA</b> 8 Week Course Mel		11 AM	<b>FLY GYM</b> Casual Class Mel	<b>INTERMEDIATE LYRA</b> 8 Week Course Raelene
						12 PM	<b>ADVANCED 1 LYRA</b> 8 Week Course Mel
4PM	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	PRACTICE TIME	1 PM	<b>ADVANCED PREP LYRA</b> 8 Week Course Mel	PRACTICE TIME 1pm - 3pm
5:30 PM	<b>BEGINNER LYRA</b> 8 Week Course Shannon	<b>INTERMEDIATE LYRA</b> 8 Week Course Raelene	<b>CONTORTION</b> 8 Week Course Veronica	<b>FLY GYM</b> Casual Class Veronica	2 PM	PRACTICE TIME 2pm - 3pm	PRACTICE TIME 1pm - 3pm
6:30 PM	<b>INTERMEDIATE LYRA</b> 8 Week Course Shannon	<b>FLY GYM</b> Casual Class Raelene	<b>ADVANCED PREP LYRA</b> 8 Week Course Veronica	<b>INTERMEDIATE LYRA</b> 8 Week Course Veronica			
7:30 PM	<b>ADVANCED 2 LYRA</b> 8 Week Course Shannon	<b>BEGINNER LYRA</b> 8 Week Course Raelene	<b>AERIAL CONDITIONING</b> Casual Class Veronica	<b>BEGINNER LYRA</b> 8 Week Course Nichola			
8.30 PM	<b>ADVANCED 3 LYRA</b> 8 Week Course Shannon	<b>ADVANCED PREP LYRA</b> 8 Week Course Raelene	<b>ADVANCED 1 LYRA</b> 8 Week Course Veronica	<b>INTERMEDIATE LYRA</b> 8 Week Course Nichola			