



POLE & AERIAL DIVAS MORNINGTON



TERM 6 TIMETABLE 1ST NOV- 19TH DEC2021 BEGINNERS - WHERE TO START

7/4 Torca Terrace
Mornington, VIC 3931
03 5976 2978
mornington@poledivas.com.au

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30PM BEG SPIN POLE COURSE MONI	6:30PM BEG STATIC POLE COURSE ALLIRA	7:30PM BEG STATIC POLE COURSE TRACEY	6:30PM POLE MOVES CASUAL EMMA	10AM BEG LYRA COURSE AINSLIE	9AM BEG STATIC POLE COURSE EMMA
7:30PM BEG LYRA COURSE RAELENE	6:30PM AERIAL CONDITIONING CASUAL MEL		7:30PM BEG STATIC POLE COURSE ZOE	11AM STRETCH TECH CASUAL AINSLIE	11:00AM POLE MOVES CASUAL MADDY
8:30PM BEG STATIC POLE COURSE MONI	7:30PM POLE CONDITIONING CASUAL MADDY		8:30PM BEG LYRA COURSE MEL	5:30PM BEG SILKS COURSE NICOLE	
8:30PM HULA BASICS CASUAL RAELENE	7:30PM SPLITS INTENSIVE CASUAL MEL		8.30PM BEG SPIN COURSE ZOE		

Course Vs Casual - in a 8 week course you will learn a structured syllabus, progressing through the levels. Casuals will upskill certain areas such dance, strength and flex, they are open to all levels.

Cost - you have two options, either pay upfront starting at \$250 for an 8 Class Pass, OR sign up to a direct debit membership starting at \$60 a fortnight for 1 Class Per Week.

How to book - download the Pole Divas app, select Mornington and book accordingly from the "Book" tab (if you have a pass on your account) or "Buy" if you want to purchase a pass. Go to "Autopays" to sign up to a membership.